

# Northwest Suburban Conference Championships Boys at Irondale High School May 23-25, 2017

## TEAM SCORES      Scored 10-8-6-5-4-3-2-1

1	Elk River	100.5
2	Osseo	72.5
3	Centennial	72.0
4	SpringLkPk/St Anthony	69.0
5	Andover	64.5
6	Maple Grove	63.0
7	Blaine	58.0
8	Irondale	44.0
9	Park Center	39.0
10	Robbinsdale Armstrong	35.0
11	Anoka	26.5
12=	Totino-Grace	23.0
12=	Champlin Park	23.0
14	Coon Rapids	9.0

## 100 Meter Dash

### Round 1, Heat 1

1	Michael Kruse, 11, Irondale	11.34Q
2	Adolphus Summerville, 11, Osseo	11.58
3	Salomon Cisse, 10, Champlin Park	11.65
4	Gerald Shepherd, 10, Robbinsdale Armstrong	11.94
5	andrew yang, 12, Blaine	12.21
6	Carter Anderson, 12, SpringLkPk/St Anthony	12.32
7	Carter Geyer, 11, Coon Rapids	12.57

### Round 1, Heat 2

1	Mark Buley, 12, SpringLkPk/St Anthony	11.23Q
2	Jesse Bentrup, 11, Centennial	11.31q
3	Ben Steckman, 9, Andover	11.53q
4	George Nwameme, 12, Blaine	11.56
5	Amadu Dunbar, 12, Robbinsdale Armstrong	11.64
6	Wilbur Zewak, Coon Rapids	12.07
7	Teddy Flomo, 10, Park Center	12.60

### Round 1, Heat 3

1	Evan Hull, 10, Maple Grove	11.51Q
2	Zachary Berg, 11, Elk River	11.85
3	Sebrum Herron, 12, SpringLkPk/St Anthony	11.95
4	Trevor DeBlieck, 11, Centennial	12.01
5	Jaylan Robinson, 10, Robbinsdale Armstrong	12.52
6	Jimmy Vo, 11, Irondale	12.84
	Abdul-Halil Kondor, 11, Anoka	DNC

### Round 1, Heat 4

1	Hitchcock Samahjay, 10, Osseo	11.75Q
2	Xavier Oxley, 11, Andover	11.81
3	Jake Kampsula, 11, Maple Grove	12.03
4	Eberechukwu Egbujor, 11, Champlin Park	12.14
5	Antuan Sobocinski, 10, Centennial	12.16
6	Zachary Pettipiece, 12, Irondale	13.06
	Ryan Miller, 12, Totino-Grace	DNC

### Round 1, Heat 5

1	Justin Pearson, 12, Elk River	11.64Q
2	Malcolm Richards, 12, Park Center	11.65
3	Chris Tema, 12, Maple Grove	11.65
4	Gael Ntambwe, 11, Coon Rapids	12.09
5	Eric Sem, 11, Andover	12.14
6	Kameron White, 11, Totino-Grace	12.63
7	Lance Cooper, 11, Anoka	13.91

### Round 1, Heat 6

1	Justin Naklen, 11, Park Center	11.72Q
2	David Weiss, 11, Anoka	11.73
3	Ernest Worjloh, 11, Champlin Park	11.74

4	Nathan Downey, 12, Blaine	12.16
5	John Samuel, 11, Osseo	12.28
6	Albert Tarpeh, 11, Elk River	12.41
7	Ngewondah Saracouli, 10, Totino-Grace	14.07
Final		
1	Michael Kruse, 11, Irondale	11.194
1	Mark Buley, 12, SpringLkPk/St Anthony	11.194
3	Justin Pearson, 12, Elk River	11.30
4	Jesse Bentrup, 11, Centennial	11.33
5	Evan Hull, 10, Maple Grove	11.37
6	Justin Naklen, 11, Park Center	11.43
7	Hitchcock Samahjay, 10, Osseo	11.594
8	Ben Steckman, 9, Andover	11.603
200 Meter Dash		
Round 1, Heat 1		
1	Branden Boleman, 12, Irondale	22.87Q
2	Bradley Gallagher, 12, Centennial	23.02
3	Adeyinka Omotoyinbo, 12, Osseo	23.52
4	Sebrum Herron, 12, SpringLkPk/St Anthony	24.08
5	Luke Dickenson, Elk River	24.48
6	Herbert Endeley, 10, Totino-Grace	24.53
7	Pierre Deutschlander, 10, Maple Grove	25.17
Round 1, Heat 2		
1	Mark Buley, 12, SpringLkPk/St Anthony	22.87Q
2	Chris Tema, 12, Maple Grove	23.02
3	Nathan Downey, 12, Blaine	23.52
4	Alvin Nyema, 11, Anoka	24.08
5	Jared Heida, 9, Coon Rapids	24.48
6	Chris Nguyen, 11, Totino-Grace	24.53
7	Nick Ellingson, 11, Irondale	25.17
Round 1, Heat 3		
1	Thomas Sylla, 11, Coon Rapids	23.02Q
2	Riley Trettel, 12, Centennial	23.38
3	Alex Peters, 10, Blaine	23.89
4	Adam Nelson, 10, Elk River	23.93
5	Gerald Shepherd, 10, Robbinsdale Armstrong	24.09
6	Jesse Sills, 9, SpringLkPk/St Anthony	24.79
7	Manasse Mutamba, 11, Andover	25.52
Round 1, Heat 4		
1	Ron Gray, 12, Osseo	22.85Q
2	Cade Lizotte, 10, Champlin Park	22.98q
3	Malcolm Richards, 12, Park Center	23.68
4	Daniel Belii, 11, Anoka	24.01
5	Elton Biah, 12, Coon Rapids	24.38
6	Aboubacar Kourouma, 9, Robbinsdale Armstrong	25.80
7	Ethan Kalmes, 9, Andover	25.84
Round 1, Heat 5		
1	Justin Pearson, 12, Elk River	22.69Q
2	Evan Hull, 10, Maple Grove	22.80q
3	Connor Mann, 12, Irondale	23.59
4	Kevin Arthur, 10, Champlin Park	24.18
5	Yaach Chuol, 10, Centennial	24.42
6	John Samuel, 11, Osseo	24.62
7	Raymond Andrews, 9, Park Center	26.21
Round 1, Heat 6		
1	Matthew Greene, 12, Robbinsdale Armstrong	23.06Q
2	Peyton Downey, 10, Blaine	23.22
3	Dylan Crawford, 12, Anoka	23.84
4	Vincent Clark, 12, Andover	24.15
5	Nathaniel Tolentino, 11, Champlin Park	24.29
6	Stephen Ayobamidele, 11, Park Center	24.59
7	Michael Miller, 10, Totino-Grace	25.36

Final

1	Evan Hull, 10, Maple Grove	22.66
2	Ron Gray, 12, Osseo	22.74
3	Mark Buley, 12, SpringLkPk/St Anthony	22.75
	Honor roll qualifier	
4	Cade Lizotte, 10, Champlin Park	22.806
5	Justin Pearson, 12, Elk River	22.815
6	Matthew Greene, 12, Robbinsdale Armstrong	22.91
7	Thomas Sylla, 11, Coon Rapids	22.99
	Branden Boleman, 12, Irondale	DNC

400 Meter Dash

Round 1, Heat 1

1	Jacob Namyst, 12, Centennial	51.27Q
2	Corbin Kohnke, 12, Andover	53.82
3	Sam Gerrety, 12, Blaine	54.03
4	Sydney Bosire, 10, Champlin Park	54.61
5	Ryan Everson, 12, Anoka	54.63
6	William Harding, 11, Robbinsdale Armstrong	57.23
7	Tyler Richardson, 12, Coon Rapids	60.49

Round 1, Heat 2

1	Cade Lizotte, 10, Champlin Park	50.83Q
2	Nicholas Kuharski, 12, Totino-Grace	51.59q
3	Jacob Johnson, 12, Centennial	52.60
4	Derik Jansen, 11, Blaine	54.64
5	Huxley Nyabwari, 9, Maple Grove	55.19
6	Trask Angell, 12, Andover	57.62
7	Spencer McCaffrey, 11, Robbinsdale Armstrong	60.93

Round 1, Heat 3

1	Branden Boleman, 12, Irondale	51.85Q
2	Dillon Adams, 12, Centennial	53.64
3	Zachary Clausing, 11, Totino-Grace	54.14
4	Ty Schneider, 10, Champlin Park	54.43
5	Alex Brovick, 12, Coon Rapids	55.92
6	Stanley Ziandoe, 8, Osseo	59.76
	Mark Smith, 10, Robbinsdale Armstrong	DNC

Round 1, Heat 4

1	Justin Pearson, 12, Elk River	52.12Q
2	Andrew Hagemeister, 11, Maple Grove	53.18
3	Paul Johnson, 12, Irondale	53.28
4	Alvin Nyema, 11, Anoka	53.83
5	Summerville Rufus, 10, Osseo	54.91
6	Clemon Groves, 11, Park Center	55.34

Round 1, Heat 5

1	Austin Peters, 11, Park Center	51.61Q
2	Adam Kelner, 12, Irondale	52.61
3	Dave Jenkins, 10, Blaine	53.57
4	Matthew Hempe, 12, Maple Grove	53.71
5	Calvin Artmann, 9, Elk River	54.62
6	Joseph Eichstaedt, 11, SpringLkPk/St Anthony	55.23
7	Dylan Chiabotti, 11, Andover	57.36

Round 1, Heat 6

1	Donny Guimont, 12, Anoka	51.43Q
2	Bill Pouyo, 10, Park Center	52.27q
3	Thomas West, 11, Elk River	52.80
4	Deontae Ferguson, 10, Osseo	56.10
5	Lucas Lee, 10, Totino-Grace	56.20
6	Nathan Reineccius, 11, Coon Rapids	56.76
7	Drew Swenson, 12, SpringLkPk/St Anthony	62.20

Final

1	Jacob Namyst, 12, Centennial	49.39
2	Cade Lizotte, 10, Champlin Park	49.84
3	Austin Peters, 11, Park Center	50.24

4	Justin Pearson, 12, Elk River	50.45
5	Bill Pouyo, 10, Park Center	50.89
6	Donny Guimont, 12, Anoka	51.16
7	Nicholas Kuharski, 12, Totino-Grace	52.42
	Branden Boleman, 12, Irondale	DNC
800 Meter Run		
Round 1, Heat 1		
1	Jacob Beltman, 12, Totino-Grace	2:02.42Q
2	Andrew Nordquist, 11, Centennial	2:02.67Q
3	Josiah Huffman, 11, Andover	2:02.92Q
4	Carlos Momsen, 9, Irondale	2:03.61
5	Sawyer French, 10, Maple Grove	2:04.04
6	Maxwell Kivi, 11, Maple Grove	2:06.64
7	Matt Maher, 11, Blaine	2:07.23
8	Alex Lee, 11, Anoka	2:07.82
9	Levi Taylor, 10, Coon Rapids	2:19.94
10	Nate Courchank, Park Center	2:27.09
	Corey Moody, 12, Osseo	DNC
	Alexander Thayer, 11, Totino-Grace	DNC
	Darian Clark, 11, Osseo	DNC
	rik Spaude, 11, Champlin Park	DNC
Round 1, Heat 2		
1	Blake Iverson, 11, Maple Grove	2:00.97Q
2	Noah Weege, 12, Elk River	2:02.23Q
3	Jacob Heyne, 12, Elk River	2:02.26Q
4	Mark Sipahimalani, 10, Irondale	2:02.60q
5	Bruce Muehlhauser, 10, Anoka	2:02.63q
6	Louis Iaquinto, 12, SpringLkPk/St Anthony	2:04.57
7	David Cervinka, 12, Osseo	2:07.35
8	Cody Westphal, 11, SpringLkPk/St Anthony	2:07.91
9	Luke Crandall, 12, Champlin Park	2:08.82
10	Donny Guimont, 12, Anoka	2:09.09
11	Abdisa Koji, 10, Coon Rapids	2:09.76
12	Zach McShane, 10, Robbinsdale Armstrong	2:17.74
13	Christopher Hadzima, 10, Totino-Grace	2:19.31
14	Sambhave Vhittarai, Park Center	2:41.42
Round 1, Heat 3		
1	Reed Kurak, 12, Centennial	2:01.62Q
2	Christian Leonard, 12, Elk River	2:02.65Q
3	Vinayak Rajesh, 12, Blaine	2:03.11Q
4	Joshua Gilliam, 12, Champlin Park	2:03.48q
5	Ryan Eldien, 12, Andover	2:04.18
6	Xaiver Mansfield, 12, SpringLkPk/St Anthony	2:08.20
7	Bradley Chasteen, 11, Andover	2:08.41
8	Charles Sylvester, 11, Centennial	2:08.49
9	James Symanski, 11, Blaine	2:10.32
10	Sam Himes, 11, Robbinsdale Armstrong	2:10.38
11	Felix Ongera, 7, Irondale	2:12.63
12	Trygg Lysne, 11, Robbinsdale Armstrong	2:14.62
13	Kenneth Truong, 12, Coon Rapids	2:22.85
14	Ethan Strom, 11, Park Center	2:31.44
Final		
1	Reed Kurak, 12, Centennial	1:58.29
2	Jacob Heyne, 12, Elk River	1:59.84
3	Blake Iverson, 11, Maple Grove	2:00.38
4	Christian Leonard, 12, Elk River	2:00.43
5	Andrew Nordquist, 11, Centennial	2:01.84
6	Jacob Beltman, 12, Totino-Grace	2:02.27
7	Noah Weege, 12, Elk River	2:02.49
8	Mark Sipahimalani, 10, Irondale	2:02.68
9	Vinayak Rajesh, 12, Blaine	2:03.23
10	Joshua Gilliam, 12, Champlin Park	2:03.85
11	Josiah Huffman, 11, Andover	2:05.77

12 Bruce Muehlhauser, 10, Anoka 2:08.14

1600 Meter Run

1 Alex Miley, 12, Maple Grove	4:15.77	H2
Meet record		
2 Corey Moody, 12, Osseo	4:17.11	H2
3 Kevin Dado, 12, Totino-Grace	4:21.57	H2
4 Christian Leonard, 12, Elk River	4:25.68	H2
5 Tom Breuckman, 11, Andover	4:26.45	H2
6 Ben Olson, 11, Blaine	4:27.74	H2
7 George Elsesser, 12, SpringLkPk/St Anthony	4:31.55	H2
8 Vinayak Rajesh, 12, Blaine	4:33.28	H2
9 McEwan Rodefeld, 12, Irondale	4:33.91	H2
10 Jonathan Sweeney, 12, Centennial	4:40.12	H2
11 Xaiver Mansfield, 12, SpringLkPk/St Anthony	4:40.40	H2
12 Tyler Anderson, 9, Blaine	4:41.02	H2
13 Ian Ivens, 12, Champlin Park	4:41.10	H2
14 Isaac Holcomb, 12, Maple Grove	4:41.37	H2
15 Paul Breitbach, 11, Coon Rapids	4:41.88	H2
16 Jared Wiens, 12, Maple Grove	4:42.02	H2
17 Andrew Kempf, 12, Robbinsdale Armstrong	4:42.53	H2
18 Sam Himes, 11, Robbinsdale Armstrong	4:43.15	H2
19 Brendan Smith, 8, SpringLkPk/St Anthony	4:44.97	H1
20 Thomas Marrah, 10, Centennial	4:47.00	H1
21 Miles Olofson, 9, Elk River	4:47.16	H1
22 Dylan Sable, 11, Totino-Grace	4:47.82	H1
23 Spenser Brown, 11, Irondale	4:49.69	H1
24 Ryan Behnke-Nead, 8, Anoka	4:51.87	H1
25 Nicholas Foreman, 12, Centennial	4:53.47	H2
26 Taron Townsend, 12, Anoka	4:53.92	H1
27 Michael Hall, 12, Andover	4:54.65	H1
28 Connor Janostin, 11, Champlin Park	4:54.68	H1
29 Noah Christiansen, 9, Coon Rapids	4:54.85	H1
30 Vaughn Thomas, 11, Osseo	4:55.68	H1
31 Carter Crawford, 10, Robbinsdale Armstrong	4:56.90	H1
32 Kojo Herzog, 11, Irondale	4:59.01	H1
33 Drew Carlson, 12, Champlin Park	4:59.63	H1
34 Sean Collins, 12, Osseo	5:01.75	H1
35 Noah Haaf, 11, Elk River	5:06.89	H1
36 Joseph Coughlin, 12, Coon Rapids	5:07.72	H1
37 ethan mcneish, Park Center	5:30.97	H1
38 Angel Cuate, 8, Park Center	5:31.80	H1
39 Kyle Derby, 11, Andover	5:34.51	H1
40 Jonathan Christianson, 9, Park Center	5:36.42	H1
Alexander Thayer, 11, Totino-Grace	DNC	H2

3200 Meter Run

1 Alex Miley, 12, Maple Grove	9:14.84	H2
Meet record		
2 Kevin Dado, 12, Totino-Grace	9:36.99	H2
3 Tom Breuckman, 11, Andover	9:37.04	H2
4 Ben Olson, 11, Blaine	9:46.16	H2
5 Jonathan Sweeney, 12, Centennial	9:51.75	H2
6 McEwan Rodefeld, 12, Irondale	9:55.17	H2
7 George Elsesser, 12, SpringLkPk/St Anthony	9:55.87	H2
8 Andrew Kempf, 12, Robbinsdale Armstrong	9:59.97	H2
9 Brendan Smith, 8, SpringLkPk/St Anthony	10:00.46	H2
10 Clark Young, 9, Maple Grove	10:06.58	H2
11 Samuel Theisen, 10, Robbinsdale Armstrong	10:07.47	H2
12 Lucas Gustafson, 10, Elk River	10:07.66	H2
13 Spenser Brown, 11, Irondale	10:12.26	H2
14 Paul Breitbach, 11, Coon Rapids	10:15.37	H2
15 Carter Woetzel, 12, Blaine	10:15.95	H2

16 Justin Brakob, 12, Maple Grove	10:18.65	H2
17 Dylan Sable, 11, Totino-Grace	10:19.15	H2
18 Ian Ivens, 12, Champlin Park	10:19.69	H1
19 Matt Johnson, 12, Blaine	10:23.07	H2
20 Jeffrey Sandkuhler, 10, Irondale	10:24.17	H2
21 Connor Janostin, 11, Champlin Park	10:30.51	H1
22 Miles Olofson, 9, Elk River	10:31.17	H1
23 Blane Utter, 11, Centennial	10:38.87	H1
24 Nicholas Foreman, 12, Centennial	10:40.34	H2
25 Benyoshi Aoki-Sherwood, 10, Robb Armstrong	10:42.41	H2
26 Vaughn Thomas, 11, Osseo	10:44.32	H1
27 Reed Smith, 9, Coon Rapids	10:53.01	H1
28 Sean Collins, 12, Osseo	11:02.40	H1
29 Jordan McGowen, 10, Anoka	11:04.210	H1
29 Carter Weinzierl, 11, Andover	11:04.210	H1
31 Maxwell Friese, 12, Elk River	11:04.80	H1
32 Mark Scheller, 9, Champlin Park	11:07.78	H1
33 Taron Townsend, 12, Anoka	11:12.84	H1
34 Nicholas Jorgenson, 10, Coon Rapids	11:14.88	H1
35 Schaffer Denno, 12, SpringLkPk/St Anthony	11:19.68	H1
36 Calvin Fiala, 8, Andover	11:20.40	H1
37 Eli Pederson, 10, Osseo	11:21.28	H1
38 Gregory Miller, 12, Park Center	12:13.61	H1
39 Nate Langer, 11, Anoka	12:30.72	H1
Joshua Reed, 9, Park Center	DNC	H1
Joel Nathe, 9, Park Center	DNC	H1

#### 110 Meter Hurdles

##### Round 1, Heat 1

1 Taylor Rooney, 12, Andover	14.48Q
2 Samuel Martin, 12, Maple Grove	16.12q
3 Jared Stanke, 10, Elk River	16.15q
4 Jackson Heckt, 10, Anoka	16.81
5 Tim Mafe, 10, Blaine	17.06
6 David Welle, 12, Totino-Grace	17.55
7 Stephen Menday, 10, Coon Rapids	18.92

##### Round 1, Heat 2

1 Joe Frasier, 12, Robbinsdale Armstrong	15.84Q
2 Kyle Hockert, 12, Blaine	16.28
3 Tyler Markve, 12, Maple Grove	17.15
4 Jorge Olivo Cabrera, 10, Andover	17.37
5 Collins Mulbah, 9, Osseo	17.88
6 Cole Frederickson, 9, Champlin Park	18.86
Jordan Stone, 12, Park Center	DNC

##### Round 1, Heat 3

1 Matthew Dahlson, 12, Elk River	15.46Q
2 Tj Jok, 10, Osseo	16.24q
2 Mark Jancaric, 12, Maple Grove	16.24q
4 Philip Matson, 11, Centennial	17.50
5 David Ojika, 11, Irondale	17.82
6 Spencer Howe, 12, Coon Rapids	18.41
7 Habib Munye, 8, Park Center	18.53

##### Round 1, Heat 4

1 John Romes, 11, Irondale	16.18Q
2 Michah Madyun, 10, Anoka	16.38
3 Emmual Mensah, 10, Blaine	16.71
4 Spencer Hhoium, 9, Coon Rapids	17.04
5 Adam Namyst, 10, Centennial	17.87
6 Samuel Payne, 9, Champlin Park	18.10
7 Zoe Babalola, 11, Park Center	20.62
8 Kieran Ripken, 9, SpringLkPk/St Anthony	20.94

##### Round 1, Heat 5

1 Sealock Tyler, 11, Osseo	16.33Q
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2	Andrew Probst, 11, Andover	16.35
3	Samuel Quist, 12, Anoka	16.48
4	Obiamalu Egbujor, 10, Elk River	17.78
5	Tavin McGhee, 11, SpringLkPk/St Anthony	18.54
6	Joel Peterson, 11, Centennial	19.31
7	Xavier Thomas, 9, Champlin Park	22.40
Final		
1	Taylor Rooney, 12, Andover	14.32
2	Matthew Dahlson, 12, Elk River	15.08
3	John Romes, 11, Irondale	15.10
4	Joe Frasier, 12, Robbinsdale Armstrong	15.15
5	Sealock Tyler, 11, Osseo	15.20
6	Tj Jok, 10, Osseo	16.27
7	Jared Stanke, 10, Elk River	16.35
	Samuel Martin, 12, Maple Grove	DNF
300 Meter Hurdles		
Round 1, Heat 1		
1	Joe Frasier, 12, Robbinsdale Armstrong	41.28Q
2	Samuel Martin, 12, Maple Grove	41.77
3	David Obwaya, 10, Blaine	41.83
4	Adam Namyst, 10, Centennial	41.95
5	Jared Stanke, 10, Elk River	43.17
6	David Ojika, 11, Irondale	46.06
7	Zoe Babalola, 11, Park Center	48.47
8	Noah Link, 9, Champlin Park	51.19
Round 1, Heat 2		
1	Sealock Tyler, 11, Osseo	41.06Q
2	Michael Engelken, 12, Maple Grove	42.07
3	Samuel Quist, 12, Anoka	42.11
4	Spencer Hhoium, 9, Coon Rapids	44.26
5	Jorge Olivo Cabrera, 10, Andover	44.78
6	Kieran Ripken, 9, SpringLkPk/St Anthony	50.95
	Joel Peterson, 11, Centennial	DNC
	Jordan Stone, 12, Park Center	DNC
Round 1, Heat 3		
1	Matthew Dahlson, 12, Elk River	39.51Q
2	Kyle Hockert, 12, Blaine	41.56q
3	Nicholas Conlin, 12, Maple Grove	42.13
4	Philip Matson, 11, Centennial	42.62
5	Spencer Howe, 12, Coon Rapids	45.05
6	Collins Mulbah, 9, Osseo	45.25
	Michah Madyun, 10, Anoka	DNC
	James Young, 9, Robbinsdale Armstrong	DNC
Round 1, Heat 4		
1	John Romes, 11, Irondale	40.74Q
2	Anthony Fleischfresser, 12, SpringLkPk/St Anthony	41.21q
3	David Welle, 12, Totino-Grace	42.54
4	Obiamalu Egbujor, 10, Elk River	42.77
5	Porter Larkin, 12, Andover	46.29
6	Tj Jok, 10, Osseo	47.18
7	Cole Frederickson, 9, Champlin Park	49.00
8	Ryan Wollschlager, 12, Robbinsdale Armstrong	53.12
Round 1, Heat 5		
1	Andrew Probst, 11, Andover	41.44Q
2	Zach Fritz, 12, Anoka	41.53q
3	Maxwell Kimaiga, 12, Champlin Park	42.29
4	Mike Thomas, 9, Irondale	42.88
5	Jack Stahnke, 10, Blaine	44.65
6	Tavin McGhee, 11, SpringLkPk/St Anthony	45.35
7	Stephen Munday, 10, Coon Rapids	46.86
8	Habib Munye, 8, Park Center	48.04
Final		

1	Matthew Dahlson, 12, Elk River	38.78	
2	Sealock Tyler, 11, Osseo	39.20	
3	Joe Frasier, 12, Robbinsdale Armstrong	39.89	
4	Kyle Hockert, 12, Blaine	40.24	
5	John Romes, 11, Irondale	41.22	
6	Anthony Fleischfresser, 12, SpringLkPk/St Anthony	41.80	
7	Zach Fritz, 12, Anoka	41.99	
8	Andrew Probst, 11, Andover	42.65	
4x100	Meter Relay		
1	Osseo	42.93	H2
2	Elk River	43.29	H2
3	Park Center	43.41	H2
4	Maple Grove	43.83	H1
5	Totino-Grace	44.17	H2
6	SpringLkPk/St Anthony	44.30	H1
7	Centennial	44.329	H2
8	Anoka	44.333	H1
9	Robbinsdale Armstrong	44.53	H2
10	Coon Rapids	44.860	H1
11	Andover	44.868	H1
12	Blaine	44.93	H2
	Champlin Park	DNC	H2
	Irondale	DNC	H1
4x200	Meter Relay		
1	Osseo	1:30.89	H2
2	Irondale	1:31.27	H2
3	Centennial	1:31.71	H2
4	Robbinsdale Armstrong	1:32.10	H2
5	Andover	1:32.33	H2
6	Blaine	1:32.59	H2
7	Coon Rapids	1:33.28	H1
8	Anoka	1:33.37	H1
9	Champlin Park	1:35.00	H2
10	Park Center	1:35.93	H2
11	Maple Grove	1:37.73	H1
12	SpringLkPk/St Anthony	1:41.37	H1
13	Totino-Grace	1:42.40	H1
	Elk River	DNC	H1
4x400	Meter Relay		
1	Centennial	3:23.29	H2
	Meet record		
2	Park Center	3:23.93	H2
3	Anoka	3:28.81	H2
4	Elk River	3:30.91	H2
5	Maple Grove	3:31.38	H2
6	Blaine	3:33.15	H2
7	Andover	3:33.82	H1
8	Osseo	3:34.28	H1
9	Champlin Park	3:34.41	H2
10	Irondale	3:36.28	H2
11	SpringLkPk/St Anthony	3:36.35	H1
12	Coon Rapids	3:42.87	H1
13	Hunter Tanem	3:55.06	H1
	Totino-Grace	DNC	H1
4x800	Meter Relay		
1	Centennial	8:08.16	
2	Elk River	8:14.40	
3	Andover	8:15.80	



4 Champlin Park	8:19.06
5 Maple Grove	8:21.64
6 Irondale	8:26.20
7 Anoka	8:27.64
8 Blaine	8:27.69
9 Totino-Grace	8:28.54
10 Coon Rapids	8:45.99
11 SpringLkPk/St Anthony	8:52.07
12 Osseo	9:01.69
13 Park Center	9:40.81
Robbinsdale Armstrong	DNC

Long Jump

Round 1, Flight 1

1 Anthony Fleischfresser, 12, SpringLkPk/St Anthony	22-5q
2 Mark Buley, 12, SpringLkPk/St Anthony	21-6 1/4q
3 Christopher Udalla, 12, Elk River	21-6q
4 Adeyinka Omotoyinbo, 12, Osseo	21-0q
5 Justin Pearson, 12, Elk River	20-8 3/4q
6 Keshawn Story, 12, Centennial	20-7 1/2q
7 Taylor Rooney, 12, Andover	20-7q
8 Peyton Downey, 10, Blaine	19-10 3/4q
9 Jok Tj, 10, Osseo	19-9 1/2q
10 Dakotah McKenzie, 11, Anoka	19-8
11 Dj Gurley, 10, Blaine	19-6 3/4
12 Connor Mann, 12, Irondale	19-5 1/4
13 Brandon Wittig, 10, Blaine	19-4 3/4
14 Vincent Clark, 12, Andover	19-4 1/4
15 Elijah Dahl, 11, Centennial	19-3 1/2
16 Abdisa Koji, 10, Coon Rapids	19-3 1/4
17 Anthony Hagerty, 11, Anoka	19-3 1/4
18 Maululi Mensah, 11, Park Center	19-1 1/2
19 Daniel Belii, 11, Anoka	18-10 1/4
20 Gavin Spencer, 10, SpringLkPk/St Anthony	18-6 1/4
21 Gael Ntambwe, 11, Coon Rapids	18-2 3/4
22 Chike Okonkwo, 11, Osseo	18-2 1/2
23 Maxwell Friese, 12, Elk River	18-1 3/4
24 Michael Miller, 10, Totino-Grace	18-0 1/2
25 Dino Mahmutovic, 9, Irondale	17-11 3/4
26 Michael Engelken, 12, Maple Grove	17-10 3/4
27 Jerred Bradford, 11, Park Center	17-10 3/4
28 Manasse Mutamba, 11, Andover	17-9 1/2
29 Stephen Ayobamidele, 11, Park Center	17-6 1/2
30 Johnston Freeman, 10, Champlin Park	17-5 1/2
31 Joshua Doely, 11, Robbinsdale Armstrong	17-5 1/2
32 Jamil Joe, 10, Irondale	17-2 1/4
33 Anthony Homsombath, 12, Robbinsdale Armstrong	17-0 1/2
34 Antuan Sobocinski, 10, Centennial	17-0
35 Robbinsdale Armstrong, Robbinsdale Armstrong	16-11 3/4
36 Clay Larson, 12, Maple Grove	16-7 1/2
37 Jared Heida, 9, Coon Rapids	16-7 1/4
38 Luke Madson, 10, Totino-Grace	15-11 1/2
39 Nicholas Burakowski, 12, Robbinsdale Armstrong	15-4
40 Kyle Hansen, 12, Maple Grove	14-1 3/4
41 Zach Santos, 9, Totino-Grace	13-1 1/4

Final

1 Anthony Fleischfresser, 12, SpringLkPk/St Anthony	23-0
2 Christopher Udalla, 12, Elk River	22-7
3 Adeyinka Omotoyinbo, 12, Osseo	21-11 1/4
4 Mark Buley, 12, SpringLkPk/St Anthony	21-10 3/4
5 Keshawn Story, 12, Centennial	21-6
6 Justin Pearson, 12, Elk River	20-10 1/2
7 Taylor Rooney, 12, Andover	20-10 1/2

8 Peyton Downey, 10, Blaine	20-1 3/4
9 Jok Tj, 10, Osseo	19-9 1/2

Triple Jump

Round 1, Flight 1

1 Christopher Udalla, 12, Elk River	45-5q
2 Anthony Fleischfresser, 12, SpringLkPk/St Anthony	44-1 1/2q
3 Ron Gray, 12, Osseo	43-2q
4 Brandon Wittig, 10, Blaine	42-4 1/2q
5 Joshua Tabla, 12, Coon Rapids	42-4q
6 Keshawn Story, 12, Centennial	41-11 1/2q
7 Stephen Ayobamidele, 11, Park Center	41-10q
8 Oblayon Nyemah, 12, Osseo	40-7q
9 Jamil Joe, 10, Irondale	40-3 1/2q
11 Dj Gurley, 10, Blaine	39-10 1/2
12 Levi Yeebahn, 8, Anoka	39-9
13 Jacob Namyst, 12, Centennial	39-6
14 Sebrum Herron, 12, SpringLkPk/St Anthony	39-5
15 Anthony Hagerty, 11, Anoka	39-3 1/2
16 Samuel Quist, 12, Anoka	38-10 1/2
17 Elijah Dahl, 11, Centennial	38-8
18 Jordan Brown, 11, Coon Rapids	38-7
19 Jesse Sills, 9, SpringLkPk/St Anthony	38-6
20 Maululi Mensah, 11, Park Center	37-8
21 Albert Tarpeh, 11, Elk River	37-6 3/4
22 Elton Biah, 12, Coon Rapids	37-2 1/2
23 Teddy Flomo, 10, Park Center	37-0 1/2
24 Ethan Kalmes, 9, Andover	36-11
25 Robbinsdale Armstrong, Robbinsdale Armstrong	36-2
26 Mozek Natee, 10, Champlin Park	36-2
27 Austin Macfarlane, 10, Andover	36-1
28 Robbinsdale Armstrong, Robbinsdale Armstrong	36-0
29 Andrew Houfek, 10, Irondale	35-5
30 Gavin Lamott, 10, Champlin Park	35-1
31 Dino Mahmutovic, 9, Irondale	35-0 1/2
32 Joseph Wills, 9, Andover	34-10
33 Michael Engelken, 12, Maple Grove	34-8
34 Spencer McCaffrey, 11, Robbinsdale Armstrong	33-9
35 Kyle Hansen, 12, Maple Grove	33-6
36 Clay Larson, 12, Maple Grove	33-2 1/2
37 Patrick Albrecht, 11, Totino-Grace	32-4
James Young, 9, Robbinsdale Armstrong	ND
Anthony Homsombath, 12, Robbinsdale Armstrong	ND

Final

1 Christopher Udalla, 12, Elk River	46-5 1/4
2 Anthony Fleischfresser, 12, SpringLkPk/St Anthony	45-6 1/2
3 Ron Gray, 12, Osseo	43-8
4 Joshua Tabla, 12, Coon Rapids	42-11
5 Stephen Ayobamidele, 11, Park Center	42-11
6 Keshawn Story, 12, Centennial	42-8
7 Brandon Wittig, 10, Blaine	42-4 1/2
8 Oblayon Nyemah, 12, Osseo	41-4
9 Jamil Joe, 10, Irondale	40-3 1/2

Shot Put

Round 1, Flight 1

32 Brandon Lieder, 12, Maple Grove	37-9 1/2
33 Donald Toner III, 9, SpringLkPk/St Anthony	37-5 1/2
34 John Bourassa, 12, Centennial	36-5
35 Kevin Northagen, 12, Maple Grove	36-3 3/4
37 John Rosby, 11, Park Center	36-2 1/2
38 Jack Tait, 12, Osseo	35-10 3/4
39 Ashton Singer, 9, SpringLkPk/St Anthony	34-10 1/2

40 Payton Houston Keomany, 11, Park Center	34-9 1/4
Round 1, Flight 2	
18 Zachary Collins, 11, Totino-Grace	43-1 3/4
20 Timothy Plessel, 12, Coon Rapids	42-10
21 David Dolney, 11, Centennial	42-8 3/4
26 Lucas Chapman, 11, Anoka	41-0 1/2
29 Kingson Ofor, 11, Irondale	39-5
31 Jacob Weisser, 12, Anoka	38-5 1/4
36 Lafayette Bade, 10, Elk River	36-3 1/2
41 Troy Casperson, 11, Robbinsdale Armstrong	34-2 1/2
Round 1, Flight 3	
9 Jacob Steiner, 12, Centennial	45-3 1/2q
13 Nicholas Norman, 12, Osseo	44-2 1/2
22 Carter Baldwin, 11, Elk River	42-4 3/4
24 Alexander Zink, 12, Andover	41-7
27 Matthew Moczynski, 12, Robbinsdale Armstrong	40-10
28 Quincy Taylor, 10, Coon Rapids	40-0 1/2
30 Mitchell Fox, 11, Totino-Grace	39-3 3/4
Evan Williams, 12, Osseo	ND
Round 1, Flight 4	
7 Garrett Prentis, 12, Andover	46-8 1/4q
10 Justin Schlangen, 12, Blaine	44-9 1/2
12 Luke Kubesh, 10, Totino-Grace	44-6 3/4
14 John McClay, 12, Elk River	43-10
16 Ronney Trass, 11, Irondale	43-9
17 Brandon Frankfurth, 11, Anoka	43-4
19 Timothy Mandyck, 12, Coon Rapids	42-11 1/4
23 John Herlofsky, 11, SpringLkPk/St Anthony	42-4 1/2
25 Anthony Guzman, 12, Champlin Park	41-5 1/4
Round 1, Flight 5	
1 Ben Kytta, 12, Blaine	53-11q
2 Jason Titus, 12, Andover	52-7q
3 Alexander Jacobson, 12, Robbinsdale Armstrong	50-6 1/2q
4 Terrell Howard, 12, Park Center	48-4q
5 Thomas Zinnah, 11, Champlin Park	48-3 3/4q
6 Austin Smith, 12, Blaine	47-8 1/4q
8 Trent Tatur, 11, Maple Grove	46-2 3/4q
11 Treyvon Cahalan-Gray, 11, Champlin Park	44-6 3/4
15 Tyheem Cobb, 11, Irondale	43-9 3/4
Final	
1 Jason Titus, 12, Andover	54-11
2 Ben Kytta, 12, Blaine	54-4 1/4
3 Terrell Howard, 12, Park Center	51-8 1/4
4 Alexander Jacobson, 12, Robbinsdale Armstrong	50-6 1/2
5 Thomas Zinnah, 11, Champlin Park	49-0 1/2
6 Austin Smith, 12, Blaine	48-5 1/2
7 Garrett Prentis, 12, Andover	46-8 1/4
8 Trent Tatur, 11, Maple Grove	46-2 3/4
9 Jacob Steiner, 12, Centennial	45-3 1/2

#### Discus Throw

Round 1, Flight 1	
30 Eugene Horton, 12, Maple Grove	103-8
32 Mitchell Fox, 11, Totino-Grace	102-9
33 Peyton Greve, 11, Centennial	102-0
35 Zachary Collins, 11, Totino-Grace	94-10
37 Adam Carpenter, 11, Totino-Grace	88-10
38 Donte Harris, 12, Anoka	87-4
39 Kingson Ofor, 11, Irondale	81-8
40 Ashton Singer, 9, SpringLkPk/St Anthony	77-9
Round 1, Flight 2	
19 John Rosby, 11, Park Center	117-9
22 Dilan Bhakta, 11, Anoka	113-9

23	David Dolney, 11, Centennial	113-2
24	Matt Kremer, 12, Anoka	110-4
27	Payton Houston Keomany, 11, Park Center	105-7
29	Quincy Taylor, 10, Coon Rapids	103-11
31	Elton Dahn, 10, Osseo	102-10
34	Trent Tatur, 11, Maple Grove	96-4
Round 1, Flight 3		
14	Dashel Anderson, 12, Champlin Park	128-3
15	Brandon Lieder, 12, Maple Grove	120-5
16	Nicholas Norman, 12, Osseo	118-11
17	Zachary Thoennes, 11, SpringLkPk/St Anthony	118-10
18	Alexander Zink, 12, Andover	118-8
20	Jared LeClair, 11, Elk River	116-11
25	Carter Baldwin, 11, Elk River	108-11
28	Jeffrey Onwualu, 12, Robbinsdale Armstrong	104-0
Round 1, Flight 4		
5	Jacob Steiner, 12, Centennial	141-2q
9	Justin Schlangen, 12, Blaine	137-10q
11	Tyheem Cobb, 11, Irondale	133-6
12	Ricky Soto, 11, Coon Rapids	133-1
21	Terrell Howard, 12, Park Center	116-7
26	Garrett Prentis, 12, Andover	108-9
36	Hunter Tanem, Robbinsdale Armstrong	91-3
	Matthew Moczynski, 12, Robbinsdale Armstrong	ND
Round 1, Flight 5		
1	Alexander Jacobson, 12, Robbinsdale Armstrong	152-3q
2	John Herlofsky, 11, SpringLkPk/St Anthony	147-6q
3	Jason Titus, 12, Andover	146-6q
4	Ben Kytta, 12, Blaine	142-11q
6	Evan Williams, 12, Osseo	140-7q
7	Austin Olson, 12, Blaine	139-4q
8	Anthony Guzman, 12, Champlin Park	138-3q
10	John McClay, 12, Elk River	133-10
13	Ronney Trass, 11, Irondale	128-6
Final		
1	Alexander Jacobson, 12, Robbinsdale Armstrong	152-3
2	Jason Titus, 12, Andover	151-11
3	Ben Kytta, 12, Blaine	148-5
4	John Herlofsky, 11, SpringLkPk/St Anthony	147-6
5	Jacob Steiner, 12, Centennial	141-2
6	Austin Olson, 12, Blaine	140-9
7	Evan Williams, 12, Osseo	140-7
8	Anthony Guzman, 12, Champlin Park	140-1
9	Justin Schlangen, 12, Blaine	137-10
High Jump		
1	Kyle Hockert, 12, Blaine	6-10
	Ties Meet record	
2	Anthony Fleischfresser, 12, SpringLkPk/St Anthony	6-6
3	Taylor Rooney, 12, Andover	6-4
4	Dakotah McKenzie, 11, Anoka	6-4
5	Sam Browne, 11, Blaine	6-2
5	Jok Tj, 10, Osseo	6-2
7	Maululi Mensah, 11, Park Center	6-2
8	Christopher Udalla, 12, Elk River	6-2
9	Brandon Wittig, 10, Blaine	6-0
9	John Glanton, 11, Irondale	6-0
11	Obiamalu Egbujor, 10, Elk River	6-0
12	Jared Stanke, 10, Elk River	6-0
13	Levi Yeebahn, 8, Anoka	5-10
14	Dillon Adams, 12, Centennial	5-10
15	Chike Okonkwo, 11, Osseo	5-8
16	Ethan Kalmes, 9, Andover	5-8

17 Erik Knutson, 9, Centennial	5-8
18 Grant Pelletier, 11, Anoka	5-6
18 Joel Peterson, 11, Centennial	5-6
20 Alex Brovick, 12, Coon Rapids	5-6
21 David Ojika, 11, Irondale	5-4
21 Gael Ntambwe, 11, Coon Rapids	5-4
23 Jesse Sills, 9, SpringLkPk/St Anthony	5-4
24 Zach Proulx, 11, SpringLkPk/St Anthony	5-4
24 Bryce Johnson, 10, Maple Grove	5-4
26 binna Evuleocha, 9, Champlin Park	5-2
26 Jc Hollins, 11, Champlin Park	5-2
26 Jonahvan Okoro, 9, Irondale	5-2
26 Oblayon Nyemah, 12, Osseo	5-2
26 Carson Smith, 10, Maple Grove	5-2
31 Nolan Foy, 10, Andover	5-2
31 Brandon Gustafson, 12, Coon Rapids	5-2
31 Cole Carlson, 10, Maple Grove	5-2
Gerald Shepherd, 10, Robbinsdale Armstrong	NH
Blake Wilkins, 11, Park Center	NH

#### Pole Vault

1 Lee Waddell, 12, Irondale	13-6
2 Bailey Kwong, 11, SpringLkPk/St Anthony	13-0
3 Caleb Sieben, 12, Anoka	12-6
4 Evan Stenslie, 11, Maple Grove	12-6
5 Shawn Schindler, 11, Maple Grove	12-0
6 Justin Dokken, 12, Andover	11-6
6 Jarod Gill, 12, Elk River	11-6
8 Trevor Dally, 12, Blaine	11-6
8 Derrick Ellison, 11, Anoka	11-6
10 Zach Fritz, 12, Anoka	11-6
11 Nicholas Sink, 11, Elk River	10-6
11 Tenzin Gyaltzen, 9, SpringLkPk/St Anthony	10-6
11 Alex Pekula, 11, Blaine	10-6
14 Spencer Howe, 12, Coon Rapids	10-6
15 Kaleb Gilpin, 12, Blaine	10-6
16 Michael Roth, 12, Andover	10-6
17 Kevin Ihnen, 11, Irondale	9-6
17 Jeffrey Smith, 11, Coon Rapids	9-6
19 Jacob Ranning, 10, Totino-Grace	9-6
20 Jerred Bradford, 11, Park Center	9-6
21 Benjamin Capistrant, 12, Centennial	9-6
22 Sean Marks, 10, Coon Rapids	9-0
23 Bowar Joshua, 10, Osseo	8-6
23 Matthew Stack, 11, Park Center	8-6
25 Gage Eidem, 10, Elk River	8-6
25 Pat Bittner, 10, Andover	8-6
27 Alex Hوجلund, 9, Centennial	8-6
27 Jeremy Palkert, 11, Totino-Grace	8-6
27 Gideon Heroux, 9, Maple Grove	8-6
27 Michael Stansberry, 11, Park Center	8-6
Sam Kohl, 9, Osseo	NH
Tyler Pham, 10, SpringLkPk/St Anthony	NH
Jake Lawrence, 9, Irondale	NH
Kevin Lee, 12, Robbinsdale Armstrong	NH
Nolan Melichar, 12, Osseo	NH
Carter Benson, 10, Centennial	NH

#### Hurdles Run-Off

1 Tj Jok, 10, Osseo	16.17
2 Mark Jancaric, 12, Maple Grove	16.30